

A close-up photograph of five children of various ethnicities and ages, all smiling warmly at the camera. They are huddled together, with some children's heads resting on others' shoulders. The background is a soft, out-of-focus outdoor setting with greenery and sunlight.

**DEVELOPING AND  
ENRICHING CHILDREN**

**D&E**  
Counseling



## Message From The Executive Director

Joe Shorokey

***D&E Counseling Is the Area's Leading  
Expert at Strengthening Vulnerable Children.***

That's a bold statement, but here is why it's true. D&E has always been and remains committed to strengthening children at risk – academically, socially, emotionally and behaviorally — believing that every child, regardless of circumstances at birth, has the ability to succeed in life. Our core business as a child, adolescent and family community behavioral health, and now an early childhood education provider, enables us to not only strengthen vulnerable children, but help prevent them from developing risk.

D&E is an organization that prides itself first and foremost on excellence, quality, a passion for children, and the importance of family, in whatever form it comes. This has been and will remain our focus, as well as our expertise. This clarity of focus enables us to concentrate solely on services, programs, evidence-based practices, and new initiatives that are mission-driven. In order to achieve our mission, we must see the person we are working with as part of a family system, and that family system plays a key role in helping the person achieve their goals.

Through over 40 years of providing services exclusively to the young population in our community, we have made an investment and a commitment to the growth and development of our staff, our programs, and the effectiveness of our services. Our clinical, quality and customer satisfaction outcomes are measured in everything we do, and they speak for themselves. However, the loudest voice which affirms D&E as the leading expert in strengthening vulnerable children is that of the families we serve. We are proud that they let us partner with them in supporting the development of their children!

We are also committed to the recognition that D&E is one of many systems in the community that play a role in helping the children and adolescents that we serve achieve success in their lives. It is essential that we collaborate with all organizations or systems that might help the persons we serve achieve their goals. It is our belief that together, we are all better able to help our children and families succeed than any of us can do independently. It is our promise to the children, adolescents and families we serve, and our promise to our community partners, that we achieve our mission by following our seven core values: Compassion, Trust, Fairness, Excellence, Transparency, Collaboration, and Ethics.

Lastly, I believe the most accurate way to describe the fiscal year ending June 30, 2015 is “change and growth.” Our services remain strong; our admissions are up over the previous year; the numbers served by our Special Programs have increased; units of services are up; and we remain fiscally strong. With the addition of the Head Start/Early Head Start Program for the City of Youngstown and Mahoning County on July 1, we are now able to work our mission on a much broader scope and in a whole new way. This is an incredibly exciting opportunity for us, and one that we'll have much more to report on in the future.

Sincerely,

Joe Shorokey

## Report from Jamie Miller, Clinical Director

It has been a busy and exciting year. Though this year brought a change in leadership, we have continued to achieve and accomplish so much. It's easy to focus on what we still need to do to further our success; however, it's also important to remember what we have done.



We continue to pride ourselves in being current with the latest treatment protocols and Evidence-Based Practices. We have continued to grow our Trauma Treatment Unit, with staff receiving training and year-long consultation from the experts at Allegheny General Hospital, all of which aided our counselors in obtaining another credential in treating trauma. Three of our counseling staff also began the credentialing process for Parent Child Interaction Therapy (PCIT), which includes a series of trainings and year-long consultation with the experts in this model. All counseling staff have begun training in Structural Family Therapy led by Dr. Rebecca Boyle from the University of Akron.

While our goal is to equip our staff with the tools needed to continue to help our families accomplish their treatment goals, the parents of the children in treatment gave us feedback about the effectiveness of our efforts at helping their children progress. This year, parent feedback revealed that children improved in all of the ten major problem areas measured. For the 2,596 outcome instruments completed, the problem areas showing the most improvement were depressed mood, self-concept, disruptive behavior and aggression.

The Center saw great strides in developing and implementing our after-hours mobile crisis intervention service. We were certified by the Ohio Department of Mental Health and Addiction Services in early 2015. We are very pleased that our crisis response team has been able to reduce the number of children being hospitalized or moved into other more restrictive settings.

While we pride ourselves in being the Valley's expert in dealing with vulnerable children, we will continue our efforts at reaching more children and their families, and we will also continue to build upon the excellence that the Center is known for.

## Condensed Statement of Revenues and Expenses

### OPERATING EXPENSES FOR FY 2014-2015

Salary and Wages	62.49%
Fringe Benefits	18.81%
Building Expenses	6.63%
Travel Expenses	2.27%
Operating Expenses	1.72%
Office Expenses & Computer Services	7.31%
Operating Supplies	0.49%
Other (Miscellaneous)	0.28%

**TOTAL DISBURSEMENTS 100%**

### SUPPORT REVENUE FOR FY 2014-2015

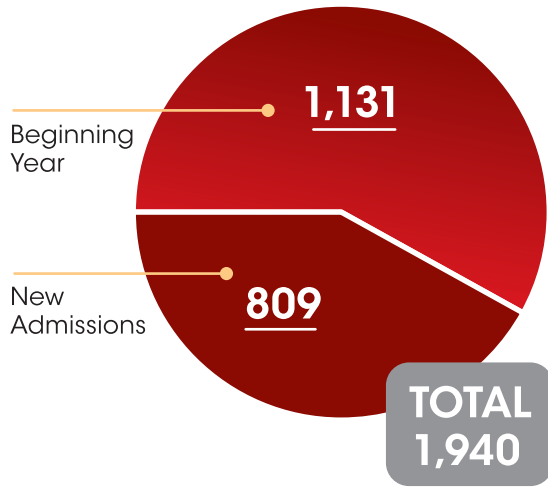
Medicaid	61.69%
Contract	17.79%
Mental Health Levy Program Funds	8.87%
Private Foundation Grants	1.82%
Investment	0.09%
Donations	1.92%
Miscellaneous	4.85%
Third Party Insurance	0.71%
State Subsidy Funds	1.97%
Self Pay	0.29%

**TOTAL RECEIPTS 100%**

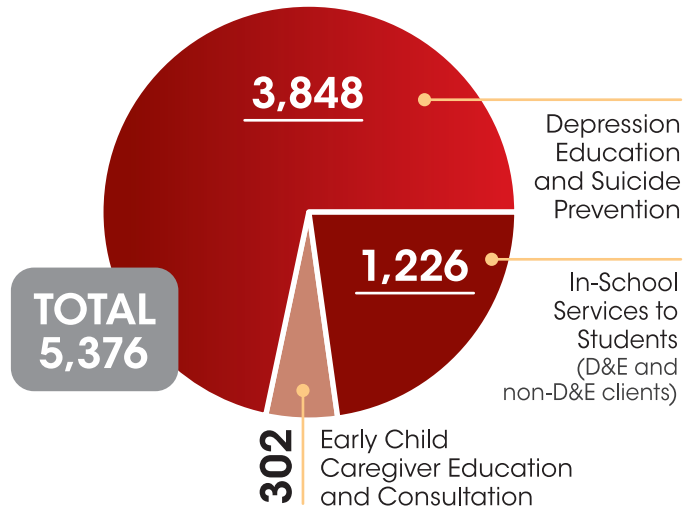


# 2014 - 2015 Client Demographics

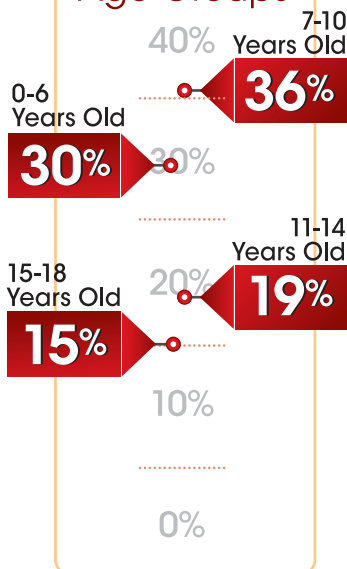
## General Outpatient Services Client Count



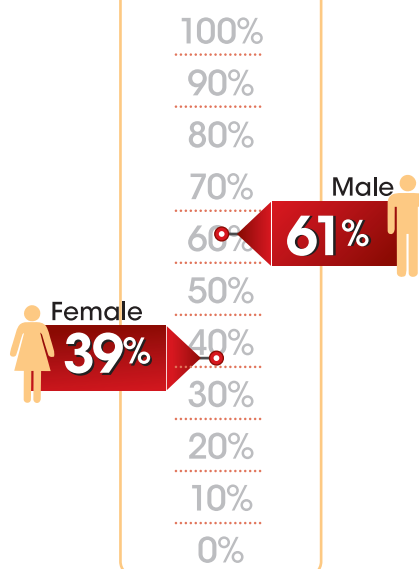
## Special Programs Recipient of Services Count



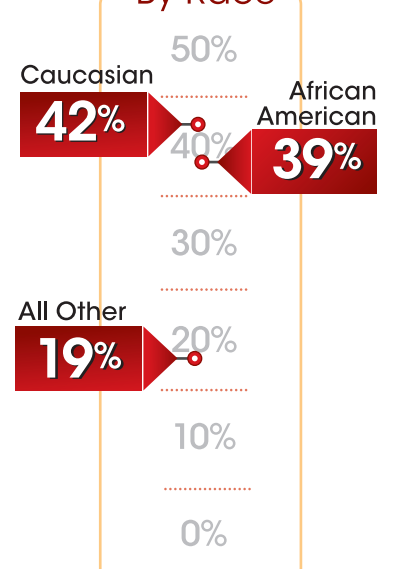
### Age Groups



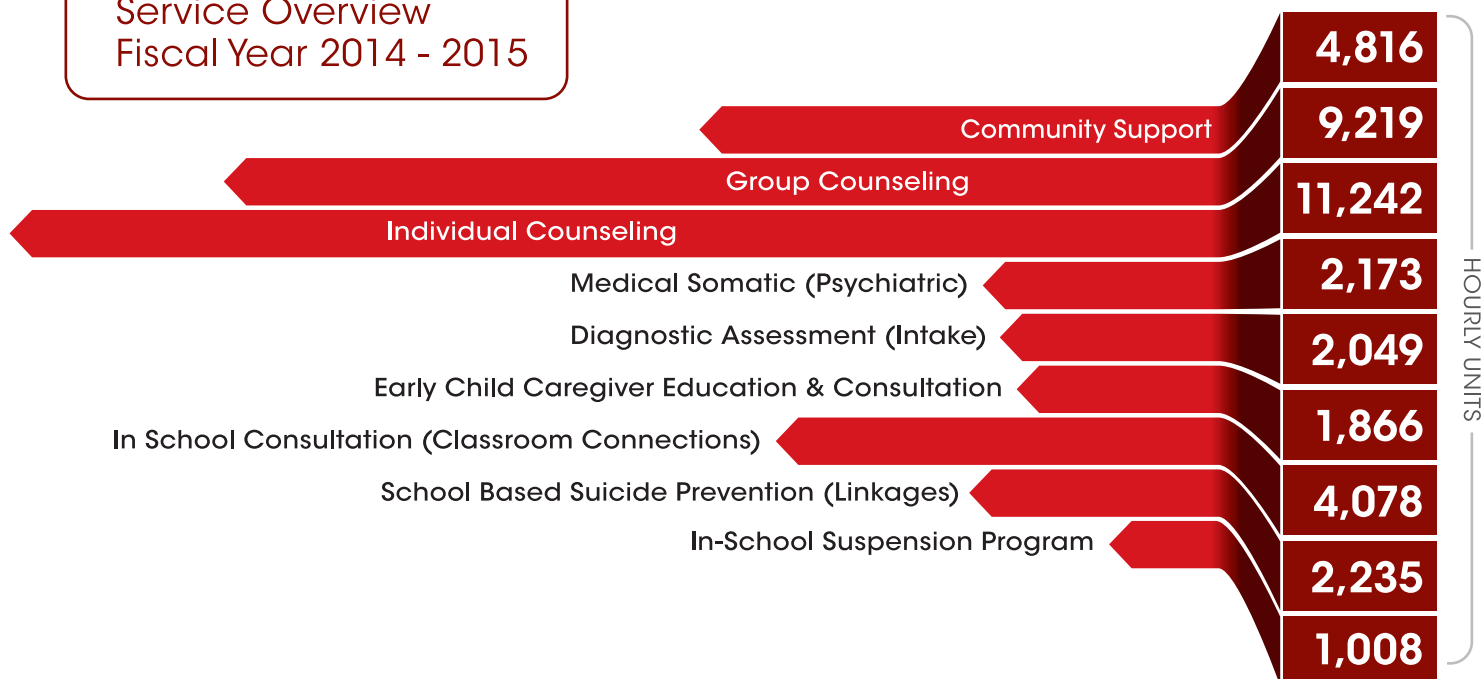
### Gender



### By Race



## Service Overview Fiscal Year 2014 - 2015



34

UPSTREAM  
families served

224

ECMH Consultation  
Recipients

538

Teachers who received "Race to the Top"  
Professional Development Trainings

## Early Childhood Mental Health Programs

*The chart reflects the numbers served  
in each program category.*

D&E Early Childhood Mental Health Programs provided services to children, parents and early care professionals through the following programs:

- Incredible Years
- Parent Groups
- UPSTREAM Literacy Program
- Professional Development Trainings
- Early Childhood Mental Health Consultation (ECMHC).

## School-Based Mental Health Programs

D&E School-Based Mental Health Programs served many students and families throughout the City of Youngstown and Mahoning County. Classroom Connections (school-based counseling, consultation, and training) served 1,226 students within schools, while the Linkages Program (school-based mental health education and suicide prevention/screening) served 3,848 — with 832 of these students also receiving screenings and follow-up.

3,848

Students  
Educated  
(Linkages Program)

LINKAGES  
PROGRAM

832

Students  
Screened  
(Linkages Program)

1,226

Students  
Served  
(Classroom Connections  
Program)

CLASSROOM CONNECTIONS  
PROGRAM

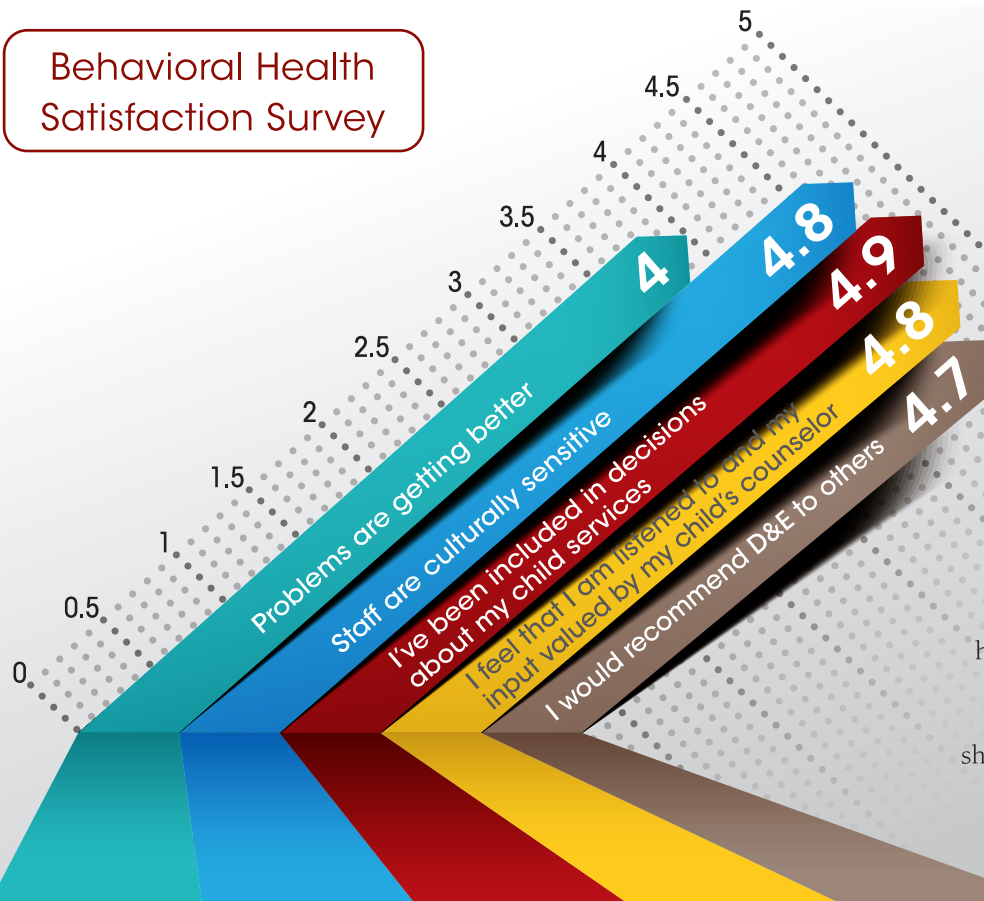
397

D&E Clients  
(Classroom Connections  
Program)

829

Non-D&E Clients  
(Classroom Connections  
Program)

## Behavioral Health Satisfaction Survey



**On a scale of 1-5**  
(with 1 = "Not at All" and 5 = "Very Much So"), parents and caregivers were asked to provide input regarding how they feel about services their child received and their overall experience with D&E. The chart shows the average scores from 300 random respondents.

## D&E Center Head Start

Judy Miller, New Head Start Program Director

The Head Start/Early Head Start program became part of the D&E Counseling family this past August after a lot of hard work and many grueling hours on the part of some of the D&E Counseling staff in writing and submitting the Head Start grant.

The Head Start/Early Head Start program is administered by the Office of Head Start, within the Administration for Children and Families, U.S. Department of Health and Human Services. Head Start promotes school readiness of children birth to age 5 from low-income families through education, health, nutrition, mental health, social, disabilities and other services — in centers, child care partner locations, and/or in their own homes.



D&E Head Start/Early Head Start is funded to serve 773 Head Start children, 64 Early Head Start children and 8 pregnant women for a total enrollment of 845. D&E Counseling has hired 115 employees and 20 temporary staff to provide services to the children and their families.

On behalf of all of the Head Start/ Early Head Start staff, we are excited to be able to serve this population through D&E Center, Inc. Head Start. We started our school year on September 8, 2015 and look forward to many years to come!

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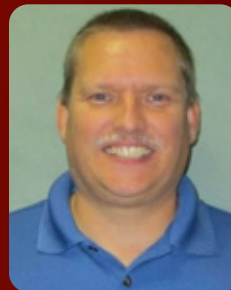
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# Thank You!

D&E Counseling Center would like to once again express our appreciation to those organizations that continue to generously donate support to our agency through grants, gifts, charitable donations and purchase of service agreements during FY 2015.

## We Thank the Following

- Campbell City Schools
- Centafanti Foundation
- Circle of Friends Foundation
- Community Foundation of the Mahoning Valley
- Mahoning County Educational Service Center
- Mahoning County Job and Family Services
- Mahoning County Mental and Recovery Health Board
- Ohio Children's Trust Fund
- PNC Bank
- Ohio Department of Mental Health & Addiction Services
- Ohio Suicide Prevention Foundation
- Ronald McDonald House Charities of Ohio and Western Pennsylvania
- William Swanston Charitable Fund
- United Way of Youngstown and the Mahoning Valley
- West Branch Schools
- Western Reserve Health Foundation
- Youngstown City School District
- Youngstown Community School
- Youngstown Foundation

*We would like to give a special thanks to Mr. John and Mrs. Cathy Pelusi for establishing this last year the John Pelusi Sr. and Jean Anne Pelusi Camp Challenge Scholarship Fund, which provides assistance to children without financial means so they can attend Camp during the summer.*

## D&E Circle of Friends Foundation Donors

- Austintown Family Chiropractic
- American Lighting
- Baird Brothers
- Belmont Pines Hospital
- Blue Sky Therapy
- Attorney George Briach
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- Cohen & Company, CPAs
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- Ronci Family Discount Drugs
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