

2017-18  
ANNUAL  
REPORT

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HELPING KIDS.  
HEALING FAMILIES.

## A Message from Joe Shorokey



What a difference a year makes! The changes to Ohio's behavioral health system in 2018 were unprecedented, and as was true for all licensed providers, it required much of our focus during the past year. Ohio's "Behavioral Health Redesign," coupled with the implementation of "Medicaid Managed Care" for behavioral health services, brought incredible challenges to clinical, billing, credentialing, IT, supervisory and management staff. Fortunately, because of the dedication and expertise of all of these staff, we have successfully weathered the storm and are continuing to thrive.

These challenges didn't come and go without changes. I'm very proud that our organization and its staff are innovative, nimble, and through foresight, able to make the difficult but necessary adjustments to remain successful. Alta Behavioral Healthcare made changes to our nursing services, provision of group therapy, physician services and documentation, among others. We also initiated new services including certifications in Mental Health Day Treatment, Intensive Home Based Treatment, and Peer Recovery and Support Services. Respite Care was also initiated and will continue to grow with a new population, as Alta was certified as a Waiver Provider by the Ohio Department of Developmental Disabilities and Medicaid.

Other highlights for the Behavioral Healthcare Division were the renovation of the Camp Challenge Social Hall, the expansion of our partnership with the Mahoning County District Board of Health to address infant mortality, and the piloting of a new program to provide emergency crisis response to schools for youth experiencing an emotional crisis.

Alta Head Start was also quite busy during the past year. Most prominent was the successful completion of the first Federal Review of our program, which resulted in not a single finding. We also completed a conversion that allowed for the expansion of available Early Head Start slots for an additional 16 children. Our Head Start Program also began a pilot program in 2018 that included the placement of a Therapeutic Behavioral Support Staff in several classrooms. The program will help us implement positive behavioral interventions with some of our most challenging children. This pilot has been successful and will be more fully implemented in 2019.

Finally, I would again like to thank our many partners and supporters in the community, many of whom can be found on the last page of this report. Without the partnerships of schools, hospitals, physicians, courts, funders and too many others to mention, we could not make the impact we do!

Joe Shorokey  
CEO



# Results from the Most Recent Head Start Federal Review

## Program Performance Summary Report

The Administration for Children and Families (ACF) conducted a Focus Area Two Monitoring Review of the Alta Care Group, Inc. Head Start and Early Head Start programs from April 19-23, 2018. The report contained information about the grantee's performance and compliance with the requirements of the Head Start

Program Performance Standards or Public Law 110-134, Improving Head Start for School Readiness Act of 2007.

Based on the information gathered during this review, the Head Start/Early Head Start programs were found to have met the requirements of all applicable Head Start Program Performance Standards, laws, regulations and policy requirements.



**45 Years of Caring for Children, Adolescents and Their Families.**

Alta Behavioral Healthcare is devoted to providing the highest quality of professional care to children, teens and their families. Our staff is highly skilled in helping families understand their situations and what needs to be done to bring practical solutions to the problems they face.

**330.793.2487 • AltaBehavioralHealthcare.org**

## Condensed Statement of Revenues and Expenses

### SUPPORT REVENUE FOR FY2017-2018

Grant Revenue	\$8,452,342
Medicaid Fees	\$2,396,462
Mental Health Board Program Funds	\$563,104
Contract Income	\$165,996
Third-Party Fees	\$156,769
Self Pay	\$48,239
Donations	\$96,247
Investment Income (Loss)	\$60,277
Miscellaneous	\$12,247
Non-Federal Match	\$1,277,542
<b>Total Revenue</b>	<b>\$13,229,225</b>

### OPERATING EXPENSES FOR FY2017-2018

Salary & Wages	\$6,014,017
Fringe Benefits	\$2,239,720
Contractual	\$1,179,242
Occupancy	\$613,720
Supplies	\$888,524
Travel & Training	\$205,882
Other Miscellaneous	\$893,059
Non-Federal Match	\$1,277,542
<b>Total Expenditures</b>	<b>\$13,311,706</b>

*Independent Audit and Federal Reviews*

## Parent Engagement

Alta Head Start provided many family engagement activities over the course of the year.

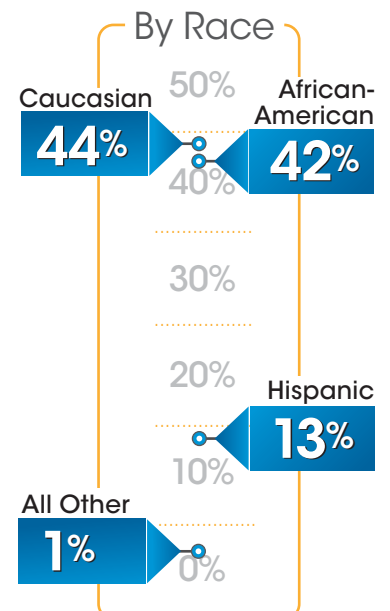
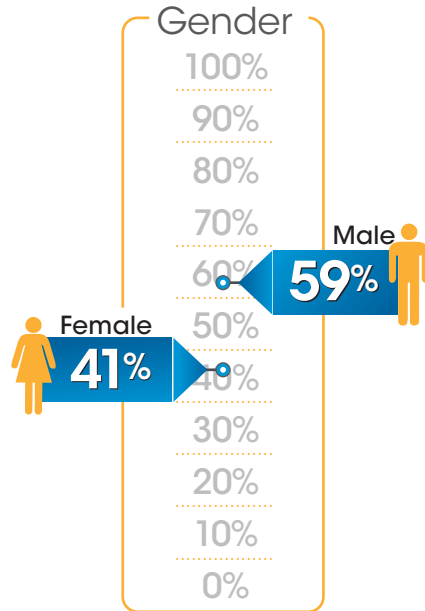
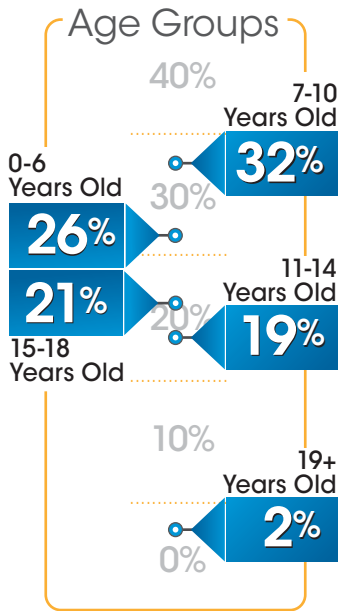
- Several parent meetings included mini child development trainings, which gave parents educational activities to complete with their child as well as a better understanding of the development of their child.
- Parents were given several opportunities for parent education through the Incredible Years Parent Education Program that was offered three times a year; Triple P Seminars and Triple P Discussion groups; and the Ohio State University Extension Parent Nutrition Education program.
- Throughout the program year, parents were provided the following engagement activities. Many parents took advantage of these opportunities, which resulted in more parent engagement. All events provided education for parents and children:
  - The Green Team Recycling program, Home Fire Prevention, Car Seat Safety, Pedestrian & Bus Safety
  - Use of library services, parent/child home projects, Weekly Reader Parent/Child Homework Interaction
  - Father/Daughter and Mother/Son Dance, Dad's Spare Time for Bowling, Egg Hunt, Sock Hop Dance
  - Bedtime Rituals, Child Abuse and Neglect, Father's Rights, and two Farmers Markets.
  - Parents were provided with Education, Mental Health and Nutrition learning activities to do with their child throughout the school year.



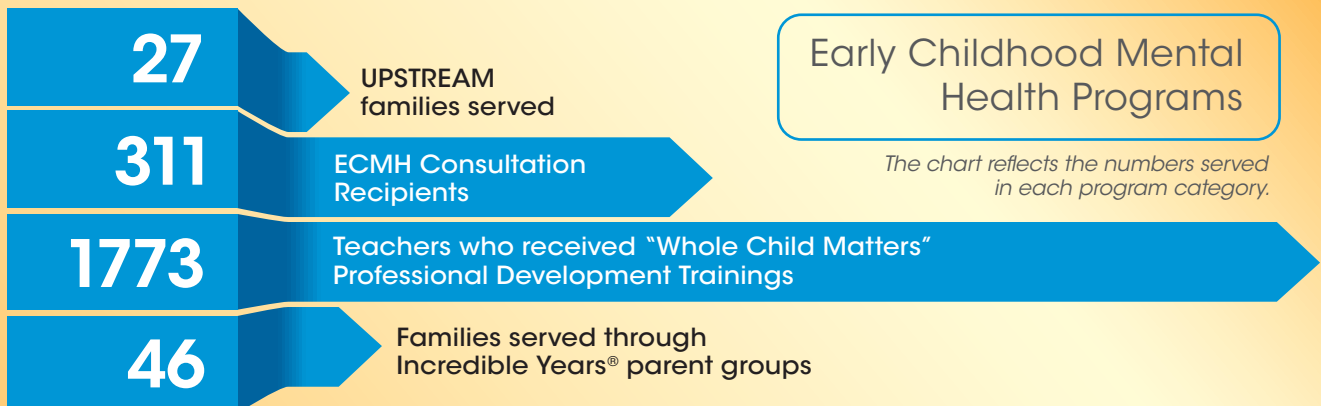
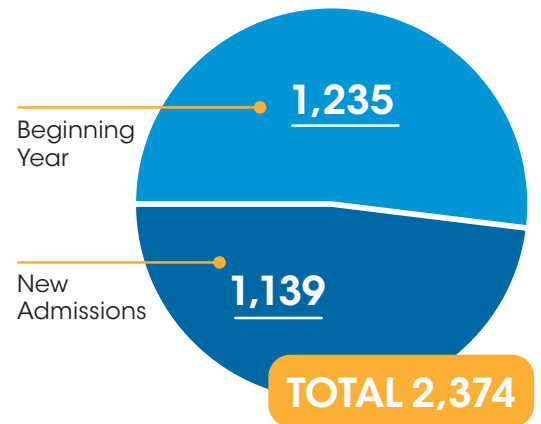
**Give Your Child a Great Start. Enroll Them in Alta Head Start.**

Alta Head Start Preschool is much more than playtime. Our degreed teachers help children ages birth to 5 years old develop reading skills, good learning habits, social skills and self confidence. There are no fees, and hot nutritious meals and health and dental services are provided. **330.736.0071 • AltaHeadStart.org**

# 2017 - 2018 Behavioral Health Client Demographics



## General Outpatient Services Client Count



## Early Childhood Mental Health Programs

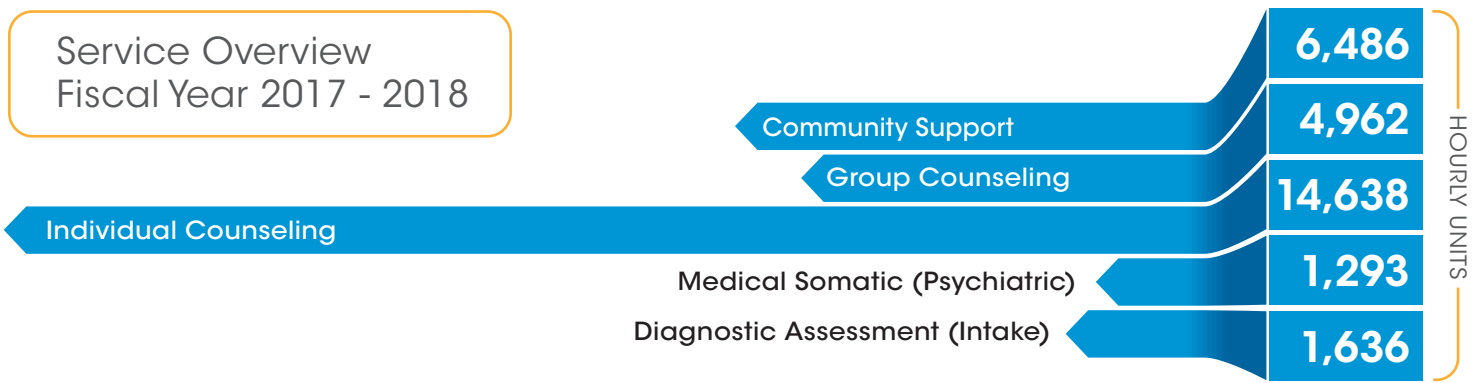
*The chart reflects the numbers served in each program category.*

Alta Early Childhood Mental Health Programs provided services to children, parents and early care professionals through the following programs:

- Incredible Years®
- UPSTREAM Literacy Program
- Parent Groups
- Professional Development Trainings
- Early Childhood Mental Health Consultation (ECMHC).



Service Overview  
Fiscal Year 2017 - 2018



HOURLY UNITS

4,143

School-Based Mental Health Programs

Alta School-Based Mental Health Programs served many students and families throughout the City of Youngstown and Mahoning County. Classroom Connections (school-based counseling, consultation, and training) served 612 students within 13 schools in seven districts, while the Linkages Program (school-based mental health education and suicide prevention/screening) served 4,143 within 30 schools — with 734 of these students also receiving screenings and follow-up.

734

612

176

436

Students Educated  
(Linkages Program)

Students Screened  
(Linkages Program)

Students Served  
(Classroom Connections Program)

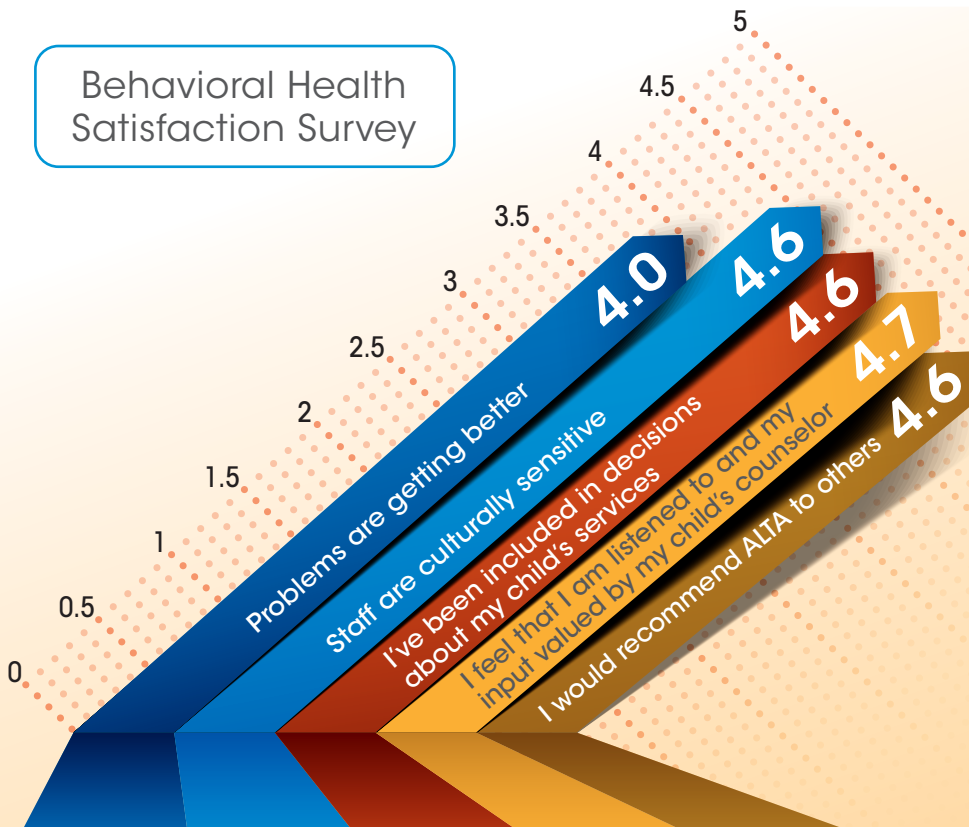
ALTA Clients  
(Classroom Connections Program)

Non-ALTA Clients  
(Classroom Connections Program)

LINKAGES PROGRAM

CLASSROOM CONNECTIONS PROGRAM

Behavioral Health Satisfaction Survey



On a scale of 1-5

(1 = "Not at All" and 5 = "Very Much So"), Parents and caregivers were asked to provide input regarding how they feel about services their child received and their overall experience with Alta. The chart shows the average scores from 300 random respondents.

## Head Start

Head Start is a comprehensive child development program which serves children age three to compulsory school age. The overall goal of Head Start is to increase school readiness and social competence in young children in low-income families, helping them to meet the kindergarten readiness goals. Our Head Start programs as well as other Head Start programs in Ohio have their education curriculum in alignment with State Pre-K Standards.

Children participate in a variety of educational activities that reflect best practices in early childhood education. The program strives to create a learning environment that develops cognitive, social, emotional and physical skills. The program encourages parents to engage in their children's learning development as well as accomplishing their own goals.

## Early Head Start

Designed for children 0-3 years of age, this full-day, full-year program provides enrichment

and sensory stimulation to their minds, preparing them for the learning process in either a center-based option or a home-based option. Unique to this program are services to pregnant women, providing them with support and education to assist them on their journey to motherhood.

*The mission of the Early Head Start program is to:*

- promote healthy prenatal outcomes for pregnant women
- enhance the development of very young children, and
- promote healthy family functioning

In Early Head Start we support early bonding and attachment in the child-parent relationship and child-caregiver relationships. Once the children turn 3 years old, they transition into our Head Start program.

## School Readiness

The Alta Head Start Program prepares children for kindergarten by providing them

the opportunities to learn in group settings, ensuring they are socially and emotionally ready for kindergarten. A total of 372 children transitioned into kindergarten at the end of the 2017-2018 school year.

*To prepare these children and families, several activities were provided. The activities included:*

- Field trips to the local kindergarten classrooms
- Kindergarten Transition Event that provided the families with local kindergarten registration information
- Quarterly transition materials that were shared with the families

## Alta Head Start/Early Head Start ANNUAL REPORT DATA 2017-2018

	Budgeted	Expended
Head Start Base Grant	\$6,455,772	\$6,455,772
Training & Technical Assistance	\$74,411	\$74,411
COLA	\$64,558	\$64,558
<b>TOTAL</b>	<b>\$6,594,741</b>	<b>\$6,594,741</b>
Early Head Start Base Grant	\$902,549	\$902,549
Training & Technical Assistance	\$13,862	\$13,862
COLA	\$9,025	\$9,025
<b>TOTAL</b>	<b>\$925,436</b>	<b>\$925,436</b>
ODE Early Childhood Expansion	\$288,000	\$288,000
<b>TOTAL</b>	<b>\$288,000</b>	<b>\$288,000</b>
<b>GRAND TOTAL</b>	<b>\$7,808,177</b>	<b>\$7,808,177</b>

### TOTAL HS/EHS FUNDING RECEIVED

Head Start	\$6,594,741
Early Head Start	\$925,436
Early Childhood Expansion	\$288,000
NFM	\$1,211,005

*(Total NFM Report of \$1,499,005 included ECE funds)*

**\*GRAND TOTAL \$9,019,182**

### ENROLLMENT PROGRAM

	Head Start	Early Head Start
Funded Enrollment	773	72
Total Served	843	143
Families Served	766	110
ECE Slots	72	

### PERCENTAGE OF ELIGIBLE CHILDREN

Head Start	91%	Early Head Start	96%
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### AVERAGE MONTHLY ENROLLMENT

Program	Funded Enrollment	Avg. Enrollment
Head Start	773	93%
Early Head Start	72	100%

### PERCENTAGE OF CHILDREN RECEIVING THE FOLLOWING SERVICES

	Head Start	Early Head Start
Up-to-date on Physical exams	96%	95%
Received oral examinations	85%	94%
Transitioned to kindergarten	372	N/A

Wipfli, LLP, an independent public accounting firm, conducted an audit of the combined financial statements and programs of Alta Care Group, Inc. The firm, in its opinion, found that the financial statements presented fairly, and in all material respects, the financial position as of June 30, 2018 and 2017 and the changes in its net assets and its cash flows for the years then ended in accordance with accounting principles generally accepted in the United States. In the firm's report of compliance for Major Federal Program and an Internal Control Over Compliance, it found, in its opinion that Alta Care Group, Inc., complied, in all material respects, with the types of compliance requirements that could have a direct and material effect on its major federal program for the year ended June 30, 2018.

*Children's developmental outcomes were assessed throughout the school year utilizing the Teaching Strategies Gold (TSGold). The TSGold is an ongoing observation system that the program uses to assess children ages 6 weeks to 5 years old. The following table is a reflection of the results for those 372 children who are transitioning into kindergarten.*

Domains	Expectations	Head Start
Social-Emotional	Meeting/Exceeding	77%
Physical (fine & gross motor)	Meeting/Exceeding	77%
Language	Meeting/Exceeding	70%
Cognitive	Meeting/Exceeding	71%
Literacy	Meeting/Exceeding	76%
Mathematics	Meeting/Exceeding	76%

## Alta Board Members



**Kelly Frammartino**  
*President*  
Bury Financial Group  
Office Manager



**Dr. Michael Cafaro**  
*Vice President*  
Cafaro Chiropractic  
Chiropractor/Owner



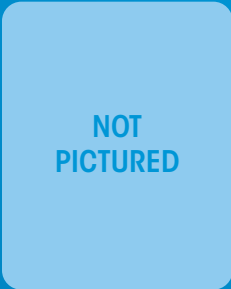
**Leigh Samargia-Pflug**  
*2nd Vice President*  
Mahoning & Columbiana  
Training Assoc.  
Program Services Mgr.



**Ken Ekis**  
*Treasurer*  
Campbell City Schools  
*Retired*



**Crystal Hawthorne**  
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Youngstown State University  
Coordinator of  
Teacher Licensure



**George Briach**  
Briach Law Offices  
Attorney



**Anthony D'Apolito**  
Mahoning County  
Judge



**James Gibbs**  
First National Bank  
of Pennsylvania



**Jerry Greene**  
Mahoning County  
Sheriff's Department  
Sheriff



**Jessica Foster**  
Cohen & Company  
Staff Accountant



**Karl Rein**  
Harbor Light Hospice  
Chaplain



**Patrick O'Leary**  
Youngstown State University  
Assistant Professor



**Thomas Phillips**  
Stiffel Nicolaus  
Branch Manager



**Cynthia Davis Taylor**  
*Retired -*  
D&E Counseling Center

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Consultant  
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Rise Pies

**John C. Pelusi**  
Financial Advisor

**Alex Zoldan**  
Phantom Fireworks





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AltaCareGroup.org

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Youngstown, Ohio 44502

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Austintown, Ohio 44515

1950 Niles-Cortland Rd. NE  
Warren, Ohio 44484

939 Wilkinson Avenue  
Youngstown, Ohio 44509



We would like to give a special thanks to Mr. John and Mrs. Cathy Pelusi for continuing the John Pelusi Sr. and Jean Anne Pelusi Camp Challenge Scholarship Fund, which provides assistance to children without financial means so they can attend camp during the summer.

# Thank You!

Alta Care Group would like to once again express our appreciation to those organizations and individuals that continue to generously donate support to our agency through grants, gifts, charitable donations and purchase of service agreements during FY 2018. **We Thank the Following:**

- A-1 Storage – Bill Siskovic
- ACLD Learning Center
- Akron Children's Hospital
- Attorney George Briach
- Attorney Tim George
- Austintown Family Chiropractic
- B.J. Alan Company
- Baird Brothers
- Beard Pension Services
- Belmont Pines Hospital
- Blue Sky Therapy
- Boardman Local School District
- Circle of Friends Foundation
- Cohen & Company, CPAs
- Colella Humphries - Mike Humphries
- Compass Family Services
- Compco Industries
- Crosby Mook
- Crowe's Cabinets
- Donald P. Pipino Company
- Dr. Bhargava Ravi
- Edward Levisaur Jr.
- Farmers National Bank
- Farris Marketing
- First National Bank of Pennsylvania
- Frank Paden
- Franklin Interiors - Ralph Dallier
- Genesis Outdoor Advertising
- Genoa
- Genoa Healthcare
- Gerey's Pressure Wash & Cleaning Service
- Jerome Underwood
- Giannios Candies
- Greg & Nikki Cvetkovic
- Harold Davis, CPAs
- Harrington, Hoppe & Mitchell
- Hearn Paper Company
- Heller, Maas, Moro & Magill
- Help Hotline
- Hine Memorial Fund
- Hollywood Gaming
- Home and School Solutions
- Home Savings Bank
- Involta
- Joe & Jane Shorokey
- John & Cathy Pelusi
- John DiFiore
- Jones Lang LaSalle
- Keith & Tina Downard
- Mahoning County Children's Services Board
- Mahoning County District Board of Health
- Mahoning County Family and Children First Council
- Mahoning County Juvenile Justice Center
- Mahoning County Mental Health Board
- Mahoning County Sheriff Jerry Greene
- McHenry Industries – Ron Musilli
- Meritain
- Modern Office
- Muransky Companies – Ed Muransky
- Neil Kennedy Recovery Clinic
- O'Connor's Sales & Service – Ron Brownlie
- OH WOW! The Roger & Gloria Jones
- Children's Center for Science and Technology
- Ohio Department of Mental Health & Addiction Services
- Ohio Desk/Steelcase
- Ohio Mental Health Network for School Success
- One Health Ohio
- Overall Solutions
- Packer Thomas
- Paige Food Services
- Phantom Fireworks
- PNC Bank
- Potential Development
- Pyramid Brokerage Company
- Rise Pies - Eddie Muransky
- Russell Family Foundation
- Santisi's Wholesale Food Company
- SBM Management Services
- Schroedel Scullin & Bestic LLC
- Sean & Barb Delaney
- Spartan Software
- Stifel Boardman – Thomas Phillips
- Stifel Canfield – Keith Downard
- The Staff at Alta Care Group
- The Tartan Companies
- Thornton & Son LLC Mechanical Contractors
- Tri County Tower Service
- United Way of Youngstown and the Mahoning Valley
- Vicci Polish
- Vincent & Phyllis Bacon
- Wean Foundation
- West Side Tire & Service Inc.
- Western Reserve Health Foundation
- William Swanston Charitable Fund
- Youngstown Foundation
- Youngstown State University
- Youngstown Student Education Association